

Evergreen Herb Formulas Help with Stomach Acid Imbalance



A
Solution

Stomach acid imbalance relieved by warmth and pressing, associated with any of following: Bloating/burping, especially after cold foods or drinks; Prone to loose bowel movement; Poor digestion; Tiredness.

Stomach acid imbalance associated with any of the following: Bloating, irregular bowel movement; Easily angered, frustrated; Tension, restlessness; Busy mind, hard to sleep; Poor digestion; Blood shot eyes; Bitter taste; Ear ringing

E
Solution



B
Solution

Stomach acid imbalance associated with any of the following: Restless; Irritable bowel, bloating; Comfort eating; Tension and stiffness in head, neck, shoulder or joints; Busy mind, hard to sleep; Ringing ears/buzzing; Blood shot eyes.

Stomach acid imbalance associated with any of the following: Prone to dry stools; Tension, irritability; Often lips, mouth and tongue breakouts; Impatience with food craving, stomach burning; Poor digestion; Bad breath; Dry mouth.

F
Solution



Seven Types of Stomach Acid Imbalance



C
Solution

Stomach acid imbalance associated any of the following: Stomach burning; Impatience with food craving; Tension, anxiousness, worry; Often feeling hot, sweaty night with dry mouth, lips or throat; Hard to sleep, waking up early; Lack of stamina, easily exhausted; Fine ear ringing; Prone to dry stool.

D
Solution

Stomach acid imbalance associated with any of the following: Bloating, easily angered, frustrated; Tension and stiffness in head, neck, shoulder or joints; Comfort eating; Itchy, blurred vision; Blood shot eyes; Ear ringing, buzzing; Busy mind, hard to sleep; Bad breath, bitter taste; Sweaty hands or nervousness. **Inner-calm I** is to quickly work on conditions in short term compared with **Tension-free I**.

Stomach acid imbalance associated with any of the following: Anxiousness, worry; Irritability with hot feeling and sweaty night; Red and dry lips, often cracked; Impatience with food craving, stomach burning; Often lips, mouth and tongue breakouts; Fine ear ringing; Bad breath, dry mouth; Acne; Prone to dry stool and/or scanty yellowish urine. **Inner-calm II** is to quickly work on conditions in short term compared with **Tension-free II**.

G
Solution



Notes: People with stomach acid imbalance triggered by coldness and poor digestion will tend to like warmth and pressing (A), while with stomach acid imbalance triggered by anxiousness/irritability will tend to dislike warmth and pressing and have more conditions of anxiousness/Irritability (B, C, D, E, F, G).