



- ✓ Concentrated, Natural Herbal Supplement
- ✓ Clinically Proven
- ✓ Australian and New Zealand GMP Manufacturers

Introduction to Evergreen Herb™

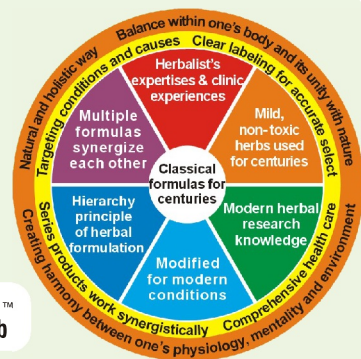
Evergreen Herb International Ltd., a locally founded company, provides concentrated natural herbal products with high quality and efficacy. Evergreen Herb products are classic formulas modified by our clinically experienced herbalists with modern herbal research knowledge, using no-toxic and mild herbs that have been used for centuries in traditional clinical herbal practice. Evergreen Herb products encourage ones self-healing process to restore balance within the body for long term health support. Created in series, Evergreen Herb products work together to meet various modern health needs.

Evergreen Herb™ Quality Assurance

Evergreen Herb products are manufactured in full compliance with the Australian and New Zealand GMP (Good Manufacture Practice) standards, which are recognised internationally among the highest in the world for safety and quality. All of Evergreen Herb products are subjected to dual-testing in that following the manufacturer's in-house laboratory testing, the test of the heavy metals and microbes are randomly repeated at an independent third party authority to verify the in-house results and to ensure the quality standards are stringently met.

Uniqueness of Evergreen Herb™ products

- ◆ Traditional classic formulas modified by herbal specialists, using mild/no-toxic herbs to meet modern health needs;
- ◆ Follow both the traditional hierarchy principle of herbal formulation and modern herbal research results;
- ◆ Clinically proven. A series of products support each other to provide comprehensive long term care.



More brochures and information about Evergreen Herb™ can be found from retailers or Evergreen Herb website.
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 433 Ferguson Street, Palmerston North, New Zealand
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Evergreen Herb™ products are available from:

Disclaimer: The information contained in this pamphlet is provided solely for educational purpose and is not intended to replace the diagnosis or treatment of individual conditions by a medical professional. If symptoms persist, please seek professional medical advice. TAPS approval# for products PP1766

Relax Formula

Supports the body's self-healing process to soothe tension/low mood/worry associated with two or more of the following:

- Tension/ Low mood/ Worry • Retardation
- Lethargy, heavy and tight body, stiff joints
- Feel distended in the rib cage/chest • Bloating, irregular bowel movement • Feel constrained, often long sigh • Changeable appetite

Stress-ease I

Supports the body's self-healing process to soothe stress associated with two or more of the following:

- Stressed/Feel constrained/Worry • Often long sigh • Sleeplessness • Easily irritated • Feel distended in the rib cage/chest • Hard to sleep, waking up early • Dry mouth or throat

Stress-ease II

Supports the body's self-healing process to soothe stress associated with two or more of the following:

- Stressed / Feel constrained/ Restlessness, easily angered • Often lips, mouth and tongue breakouts • Temperature swings/often tender red face • Feel distended in the rib cage/chest • Prone to dry stool and/or scanty yellowish urine

Stress-ease III

Supports the body's self-healing process to soothe stress associated with two or more of the following:

- Stressed, feel constrained with tension/irritability
- Low stamina, easily exhausted
- Low tolerance to heat • Dry skin/lips/eyes/hair
- Light sleep • Prone to dry stools

Tension-free I

Support the body's self-healing process to soothe tension/restlessness/ worry and irritability associated with two or more of the following:

- Easily angered/Restless/Worry • Comfort eating
- Irregular bowels, worsened by stress • Tension and stiffness in head, neck, joints and shoulder
- Sweaty hands or nervousness • Stomach acid imbalance with bloating sensation • Busy mind, hard to sleep • Bitter taste and/or bad breath
- Ringing ears/buzzing • Bloodshot eyes
- Itchy eyes or blurred vision

Tension-free II

Support the body's self-healing process to soothe tension/restlessness/ worry and irritability associated with two or more of the following:

- Tension/Restlessness/Irritability/Worry
- Temperature swings, often tender red/hot face and sweaty night, dry mouth/lips/throat
- Hard to sleep/Waking up early • Fine ear ringing
- Lack of stamina/Easily exhausted • Stomach acid imbalance/impatience with food craving
- Bad breath/dry mouth • Low tolerance to heat
- Bitter taste and/or bad breath
- Prone to dry stool and/or scanty yellowish urine





Better Digestion

Supports the body's self-healing process to soothe two or more of the following:

- Bloating, especially after cold foods/drinks
- Poor digestion • Prone to loose bowel movement
- Stomach acid imbalance relieved by warmth and pressing • Irritability



Body Cleanser

Cleanse digestive system, detoxify liver and cleanse skin from within:

- Stiff joints • Tiredness or heaviness
- Bad breath • Incomplete bowel movement



Energy-Support I

Restores vitality and supports with chronic tiredness associated with two or more of the following:

- Tiredness, lack of fitness with loose tummy
- Dull complexion with eye bags and dark circles
- Frequent yawning and sleepiness
- Low tolerance to cold, feeling cold especially the extremities, lower back and abdomen
- Low mood/confidence • Dribbling urine



Energy-Support II

Restores vitality and supports with chronic tiredness associated with two or more of the following:

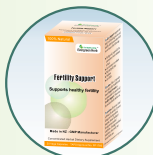
- Restlessness /Over confidence /Easily exhausted
- Low tolerance to heat • Prone to hard stool
- Temperature swings, often tender red face
- Light sleep/Wake up early • Ear ringing
- Dry skin/lips/eyes/hair, easily thirsty



Fatigue-free

Supports the immune system and soothes fatigue associated with two or more of the following:

- Lymph nodes discomfort • Poor focus
- Feeling of heavy eyelids and sleepiness/tiredness
- Heavy, tired body and stiff joints • Low immunity



Fertility Support

Supports the body's self-healing process and healthy fertility associated with two or more of the following:

- Feeling cold, especially the extremities, lower abdomen or back • Tiredness • Low libido
- Low tolerance to cold • Pale and puffy or dull face



Good Sleep I

Supports with poor sleep and stomach acid imbalance associated with two or more of the following:

- Tension/Irritability/Restlessness
- Easily angered/frustrated • Bitter taste
- Busy mind and hard to sleep • Ear ringing
- Bloating/poor digestion • Bloodshot eyes



Good Sleep II

Supports with poor sleep associated with two or more of the following:

- Restlessness and irritability • Fine ear ringing
- Dry mouth, lips or throat • Prone to dry stool
- Often lips, mouth and tongue breakouts
- Shallow and/or tense, dreamful sleep
- Often temperature swings, often tender red/hot face and sweaty night • Low tolerance to heat



Good Sleep III

Supports with poor sleep associated with two or more of the following:

- Hard to sleep /Waking up early with irritability
- Sleeplessness • Dry mouth, lips or throat



Good Sleep IV

Supports with poor sleep and mental/physical tiredness associated with any of the following:

- Restless and shallow sleep / Wake up often
- Tension/ Irritability with heavy, tired head
- Poor clarity/focus • Mental foginess



Inner-calm I

Supports the body's self-healing process to soothe restlessness/ irritability with two or more of following:

- Easily angered/frustrated • Ear ringing/buzzing
- Tension/stiffness in head, neck, joints, shoulder
- Impatience, comfort eating • Busy mind, hard to sleep • Bad breath /Bitter taste • Itchy, blurred, bloodshot eyes • Sweaty hands or nervousness
- Stomach acid imbalance with bloating sensation



Inner-calm II

Supports the body's self-healing process to soothe restlessness/ irritability with two or more of following:

- Restlessness/Irritability/Worry • Fine ear ringing
- Irritability with temperature swings, often tender red/hot face and sweaty night • Red and dry lips, often cracked • Bad breath/dry mouth • Acne
- Often lips, mouth and tongue breakouts
- Stomach acid imbalance/ Impatience with food craving • Low tolerance to heat
- Prone to dry stool and/or scanty yellowish urine



Joint Guard

Supports the body's self-healing process to soothe any of the following:

- Stiff, weak and tired joints, lower back, legs, neck
- Vulnerability to injury • Lack of fitness/strength
- Difficult recovery from injuries • Joints worn by excessive exercise or heavy physical work



Meno-ease

Supports the body's self-healing process to soothe menopause conditions with any of the following:

- Mood swings • Poor sleep • Dry skin/lips/eyes
- Temperature swings, often tender red/hot face
- Low tolerance to heat or coldness
- Low stamina, easily exhausted



Mental Energy I

Helps with resilience and heavy mental work. Supports those with mental and physical tiredness associated with two or more of the following:

- Heavy head and tired body • Sleepiness
- Poor clarity/focus • Mental foginess



Natural Beauty

A natural way to bring beauty from within, particularly effective for any of the following:

- Dry skin with wrinkles • Dry lips with cracks
- Dry, dull and brittle hair/nails • Dull and pale face
- Dry and dull eyes with dark circle • Dry vagina



Mental Energy II

Supports with mental and physical tiredness associated with two or more of the following:

- Low mood / worry • Feeling flat • Sleepiness
- Foggy head/heavy, tired body • Feel distended in the ribcage/chest • Poor clarity/focus • Feel constrained/Often long sigh • Mental foginess



Mental Energy III

Supports with mental and physical tiredness associated with two or more of the following:

- Restlessness and irritability • Easily frustrated
- Busy mind /Hard to sleep • Bloodshot eyes
- Often itchy eyes or blurred vision
- Stomach acid imbalance with bloating sensation
- Bad breath and/or bitter taste • Ringing Ears
- Poor clarity/focus • Mental foginess



Mood Lift I

Supports the body's self-healing process to soothe low mood/worry/low confidence associated with two or more of the following:

- Low mood, feeling flat • Poor clarity and focus
- Worry and/or sadness • Lethargy/Sleepiness
- Low confidence/Indecisiveness • Low libido
- Pale and puffy face • Low tolerance to coldness
- Feel distended in the ribcage/chest
- Feel constrained /Often long sigh
- Prone to loose bowel movement



Mood Lift II

Supports the body's self-healing process to soothe stress related tense muscles and stiff joints associated with two or more of the following:

- Feel constrained • Busy mind/hard to sleep
- Low mood/Tension/Frustration • Feel distended in the ribcage/chest • Tension and stiffness in head, neck joints and shoulder
- Irregular bowels, worsened by stress



PMT-ease

Supports the body's self-healing process to soothe tension in premenstrual period associated with two or more of the following:

- Mood swings • Breast discomfort
- Bloating, irregular bowel movement
- Menstrual discomfort in abdomen



Reflux-ease I

Supports with stomach acid imbalance with bloating sensation associated with any of the following:

- Easily angered/frustrated • Poor digestion
- Tension/Restlessness • Bitter taste
- Ear ringing • Busy mind /Hard to sleep
- Blood shot eyes



Reflux-ease II

Supports with stomach acid imbalance associated with two or more of the following:

- Stomach acid imbalance/ Impatience with food craving • Prone to dry stool • Poor digestion
- Tension/ Irritability • Often lips, mouth and tongue breakouts • Bad breath / Dry mouth