

You may need to read this leaflet again. Please do not throw it away until you have finished the herbal product. Each individual formula in this product can be purchased separately.

Mental Energy III

Supports with mental and physical tiredness associated with two or more of the following:

- ◆ Restlessness and irritability
- ◆ Easily frustrated
- ◆ Busy mind / Hard to sleep
- ◆ Often itchy eyes or blurred vision
- ◆ Stomach acid imbalance with bloating sensation
- ◆ Bad breath and/or bitter taste
- ◆ Bloodshot eyes
- ◆ Poor clarity/focus
- ◆ Mental fogginess
- ◆ Ringing Ears

These conditions can be triggered or worsened by stress.

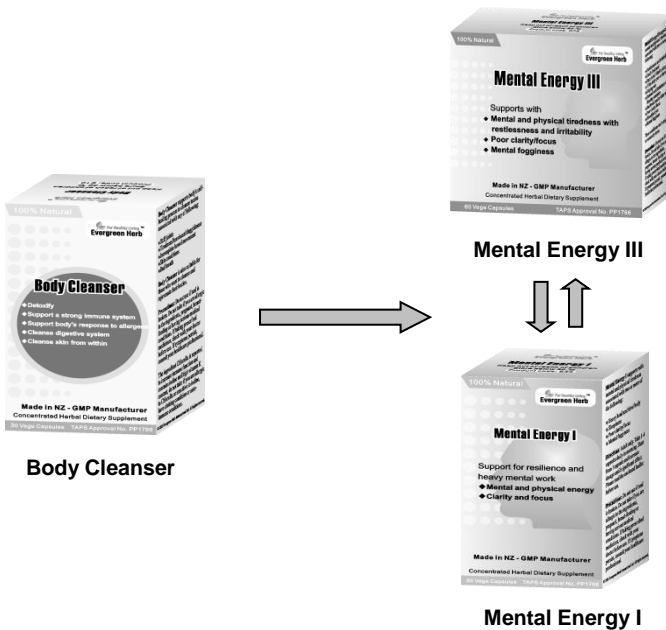
Usage guideline for Mental Energy III:

Take 1-2 capsules of Morning Formula daily in the morning and 1-3 capsules of Night Formula after dinner.

For a better result, **Body Cleanser** is recommended to be used before taking **Mental Energy III**.

Course: One to two months.

For maintenance of the best result, the following **long-term holistic strategy** is recommended:



Take one package of **Body Cleanser** first, then alternate **Mental Energy III** (7 days) with **Mental Energy I** (5 days) and repeat this cycle. Continue the cycle for one to two months, and then take a one to two-month break. Restart next course beginning with **Body Cleanser** if needed.

Disclaimer: The content in this leaflet is provided solely for purpose of educating customers, and is not intended to replace the diagnosis, prescription, prevention & treatment of individual conditions by a medical professional. It should NOT be used as a substitute for the advice of a medical professional. If symptoms persist, please seek medical advice.