



King herb - Hawthorn Fruit
Traditionally used since 1578 AD to improve digestion, eliminate stagnated food and blood stasis. Modern scientific researches have verified its gastrointestinal function regulating and digestive enzyme promotion effects. Hawthorn fruit also exhibits anti-atherosclerosis and antihypertensive Effects (1).

1. Wu et al. (2014) *Crataegus pinnatifida*: Chemical Constituents, Pharmacology, and Potential Applications. *Molecules* **19**, 1685-1712.