



King herb - Chinese Angelica

Traditionally used since 1616 AD to enrich blood, promote blood circulation and to treat chronic constipation in the elderly, as well as menstrual disorders when used as a female remedy. Modern scientific researches have verified its effect of promoting blood circulation and detoxifying, known as a beauty tonic for clearing blemishes and making skin have a healthy glow. Chinese Angelica is also an antioxidant and has radio-protective, neuroprotective and anti-aging effects (1, 2).

1. Debanjali Bain (2015) Pharmacological and Biochemical Action of Angelica Sinensis (Dong Quai): Natural Product with Therapeutic Potential. *International Journal of Recent Research in Life Sciences*. **2** (3), 8-23.
2. Chen et al. (2013) Phytochemical and pharmacological studies on Radix Angelica sinensis. *Chinese Journal of Natural Medicines* **11** (6), 577-587.