



King herb - Hawthorn Fruit  
Traditionally used since 1578 AD to improve digestion, eliminate stagnated food and blood stasis. Modern scientific researches have verified its gastrointestinal function regulating and digestive enzyme promotion effects. Hawthorn fruit also exhibits anti-atherosclerosis and antihypertensive Effects (1).



King herb - Cat's Claw Herb  
Traditionally used since 1368 AD for suppressing hyperactivity of the liver and pathological heat. Modern research has shown this herb calms the body and helps with anti-hypertension and anti-convulsion effects (2).




1.Wu et al. (2014) Crataegus pinnatifida: Chemical Constituents, Pharmacology, and Potential Applications. *Molecules* **19**, 1685-1712.  
2.Zhang et al. (2015) Medicinal uses, phytochemistry and pharmacology of the genus Uncaria. *J Ethnopharmacol.* **173**, 48-80.