





King herb - Walnut
Traditionally used since 1578 AD to tonify the kidney vitality and nourish the brain. Modern scientific research has found that walnut extract has strong antioxidants and potent free radical scavenging activities. It also improves learning and memory functions, in addition to an anti-aging effect (1).

1.Jaiswal et al. (2017) Juglans Regia: A Review of its Traditional Uses Photochemistry and Pharmacology. *Indo American Journal of Pharmaceutical Research* **7** (09), 390-398.