


King herb - Walnut
Traditionally used since 1578 AD to tonify the kidney vitality and nourish the brain. Modern scientific research has found that walnut extract has strong antioxidants and potent free radical scavenging activities. It also improves learning and memory functions, in addition to an anti-aging effect (1).



King herb - Rose Flower Bud
Traditionally used since 1644 AD to help with stress related mood swings and to promote blood circulation. Modern research has shown that rose bud extract exhibits neuroprotective and memory enhancing effects, alleviates depression and anxiety (2, 3).



1.Jaiswal et al. (2017) Juglans Regia: A Review of its Traditional Uses Photochemistry and Pharmacology. *Indo American Journal of Pharmaceutical Research* **7** (09), 390-398.

2.Baser et al. (2012) A Review of the History, Ethnobotany, and Modern Uses of Rose Petals, Rose Oil, Rose Water, and Other Rose Products. *HerbalGram*. Issue 96, 40-53.

3.S Nanda, PK Das (2015) Medicinal Efficacy of Rose Plant: A Mini Review; *PharmaTutor* **3** (10), 23-26.