



King herb - Walnut  
Traditionally used since 1578 AD to tonify the kidney vitality and nourish the brain. Modern scientific research has found that walnut extract has strong antioxidants and potent free radical scavenging activities. It also improves learning and memory functions, in addition to an anti-aging effect (1).



King herb - Cat's Claw Herb  
Traditionally used since 1368 AD for suppressing hyperactivity of the liver and pathological heat. Modern research has shown this herb calms the body and helps with anti-hypertension and anti-convulsion effects (2).




1. Jaiswal et al. (2017) Juglans Regia: A Review of its Traditional Uses Photochemistry and Pharmacology. *Indo American Journal of Pharmaceutical Research* 7 (09), 390-398.  
2. Zhang et al. (2015) Medicinal uses, phytochemistry and pharmacology of the genus Uncaria. *J Ethnopharmacol.* 173, 48-80.