



King herb - Rose Flower Bud
Traditionally used since 1644
AD to help with stress related
mood swings and to promote
blood circulation. Modern
research has shown that
rose bud extract exhibits
neuroprotective and
memory enhancing effects,
alleviates depression and
anxiety (1, 2).

1. Baser et al. (2012) A Review of the History, Ethnobotany, and Modern Uses of Rose Petals, Rose Oil, Rose Water, and Other Rose Products. *HerbalGram*. Issue 96, 40-53.
2. S Nanda, PK Das (2015) Medicinal Efficacy of Rose Plant: A Mini Review; *PharmaTutor* 3 (10), 23-26.