

You may need to read this leaflet again.  
Please do not throw it away until you have finished the herbal product.

## ACNE-GONE

**Supports the body's self-healing process to help clear acne associated with any of the following:**

- Busy daily life
- Under stress
- Irritability
- Incomplete bowel movement
- Bad breath and/or bitter taste
- Prone to dry stool
- Red, dry, or chapped lips
- Often breakouts on lips, mouth, and tongue

### Usage guideline for Acne-Gone:

Adult only. Take Formula I (clear capsule), Formula II (white capsule) and Formula III (green capsule) in turn, separately finished. For all formulas, take 2 capsules twice daily after breakfast and dinner. If sensitive to these formulas, reduce to 1 capsule twice daily. If there is no noticeable benefit, increase to 3 capsules, then revert to 2 capsules when there is a stable effect.

**Course:** Two weeks. Take a two-weeks break before starting the next course if needed.

After finishing **Acne-Gone**, it is recommended to use both **Better Digestion** and **Relax Formula** for a comprehensive care of acne problems:



Alternate between **Better Digestion** and **Relax Formula**, each for 4 days and continue this cycle until finished. Then restart a new course of **Acne-Gone** if needed.

### Special precautions:

- Do not combine with sedative medication.

### Health suggestions during usage of Acne-Gone:

- Avoid spicy and greasy foods.
- Avoid staying up late in the night.
- Take a few deeply inhaling and long exhaling breaths when you are feeling stressed.
- Do regular physical exercise, breaking a slight sweat is enough.

© 2006 Evergreen Herb International Ltd. All rights reserved.

*Disclaimer: The content in this leaflet is provided solely for purpose of educating customers, and is not intended to replace the diagnosis, prescription, prevention & treatment of individual conditions by a medical professional. It should NOT be used as a substitute for the advice of a medical professional. If symptoms persist, please seek medical advice.*