FATIGUE-FREE

Supports the immune system and soothes fatigue associated with two or more of the following:

• Discomfort in lymph nodes or joints • Feeling of heavy eyelids and sleepiness • Heavy, tired body and stiff joints • Poor focus • Low immunity • Past virus infection history such as glandular fever or flu

This formula also supports people who are recovering from radio/chemotherapy.

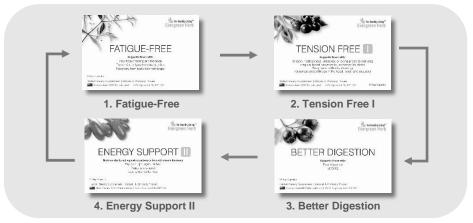
Usage guideline for Fatigue-Free:

Take 2 capsules twice daily after breakfast and dinner. If sensitive to this formula, reduce to 1 capsule twice daily. If there is no noticeable benefit, increase to 3 or 4 capsules until there is a stable effect, then revert to 2 capsules.

Course: 1-2 weeks. Take one-month break before starting next course if needed.

To target the causes and stabilize the result, **Fatigue-Free** should be used together with other formulas.

For those who have fatigue associated with tension, restlessness, and irritability:



Take the above four formulas in turn, separately finished. Then take a one-month break before starting the next course if needed.

For those who have fatigue associated with low mood, worry, or sadness:



Take the above three formulas in turn, separately finished. Then take a one-month break before starting the next course if needed.

Health suggestions during usage of Fatigue-Free:

• Drink a healthy amount of water and have a good rest while taking Fatigue-Free.

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Disclaimer: The content in this leaflet is provided solely for purpose of educating customers, and is not intended to replace the diagnosis, prescription, prevention & treatment of individual conditions by a medical professional. It should NOT be used as a substitute for the advice of a medical professional. If symptoms persist, please seek medical advice.

For Healthy Living™ Evergreen Herb

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