

Main Herbs - Barbary  
Traditionally used since 1578 AD  
blood. Randomized and double-blind  
taking wolfberry can increase energy levels,  
feelings of fatigue or tiredness including  
effects and neuroprotective effects in  
in protecting against various



wolfberry, Sea salt  
to nourish the liver, kidney and  
clinical studies have revealed that  
stamina, athletic performance, reduce  
after exercise. It also exhibits anti-aging  
addition to being strong anti-oxidant  
peroxidation conditions (1).



1. Amagase et al. (2011) A review of botanical characteristics, phytochemistry, clinical relevance in efficacy and safety of Lycium barbarum fruit (Goji). *Food Research International* **44**, 1702–1717.