
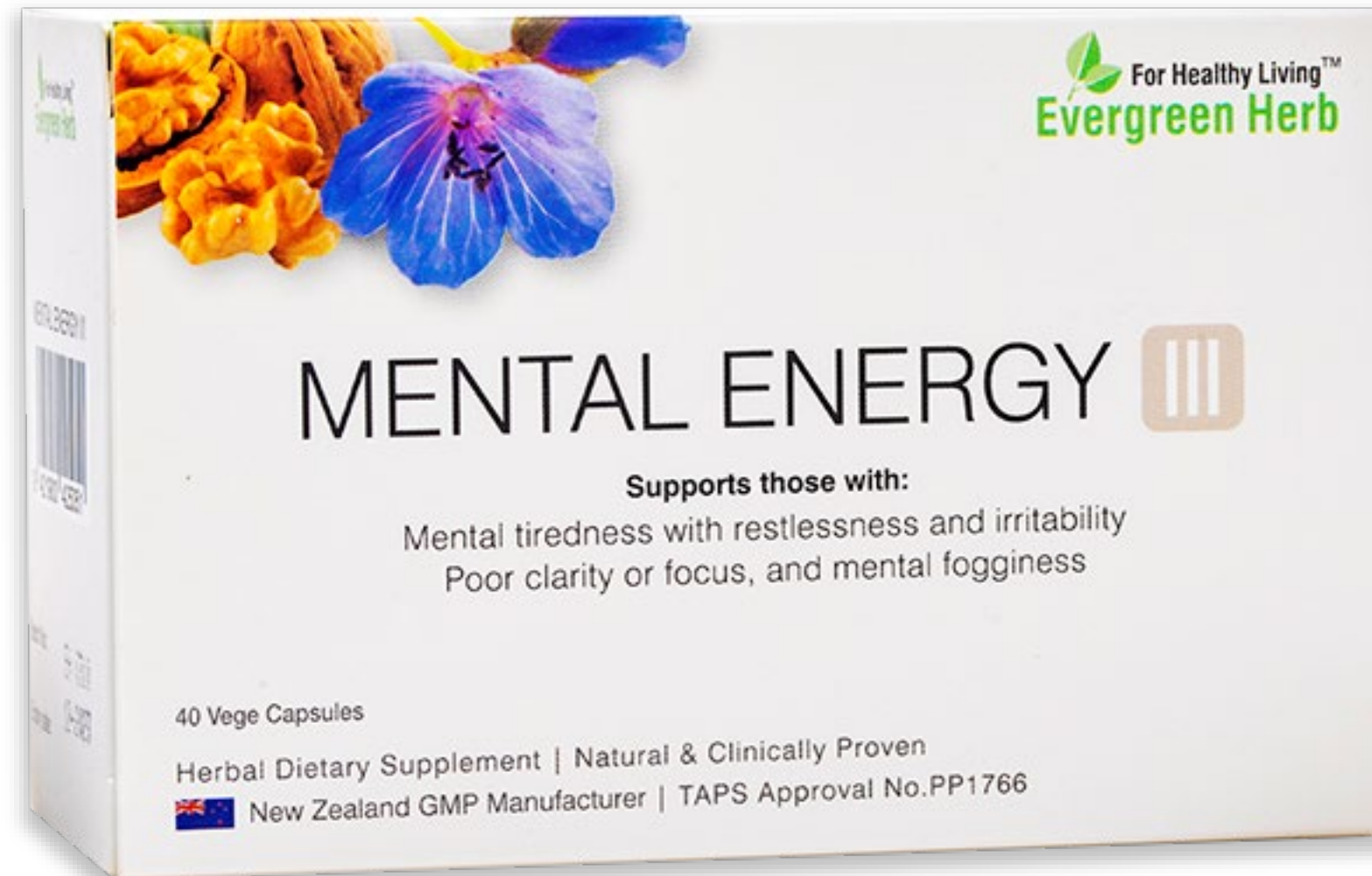


Main Herb – Walnut, guarana seed.
Traditionally used since 1578 AD to tonify kidney vitality and nourish the brain. Modern scientific research has found that walnut extract has strong antioxidant and free radical scavenging activity. It improves learning and memory function, in addition to an anti-aging effect (1).



Main Herb - Cat's claw herb
Traditionally used since 1368 AD for suppressing hyperactivity of liver and pathological heat. Modern research revealed this herb calms the body and helps with anti-hypertension and anti-convulsion effects (2).



科學研究來源:

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2. Zhang et al. (2015) Medicinal uses, phytochemistry and pharmacology of the genus Uncaria. *J. Ethnopharmacol.* 173, 48-80.