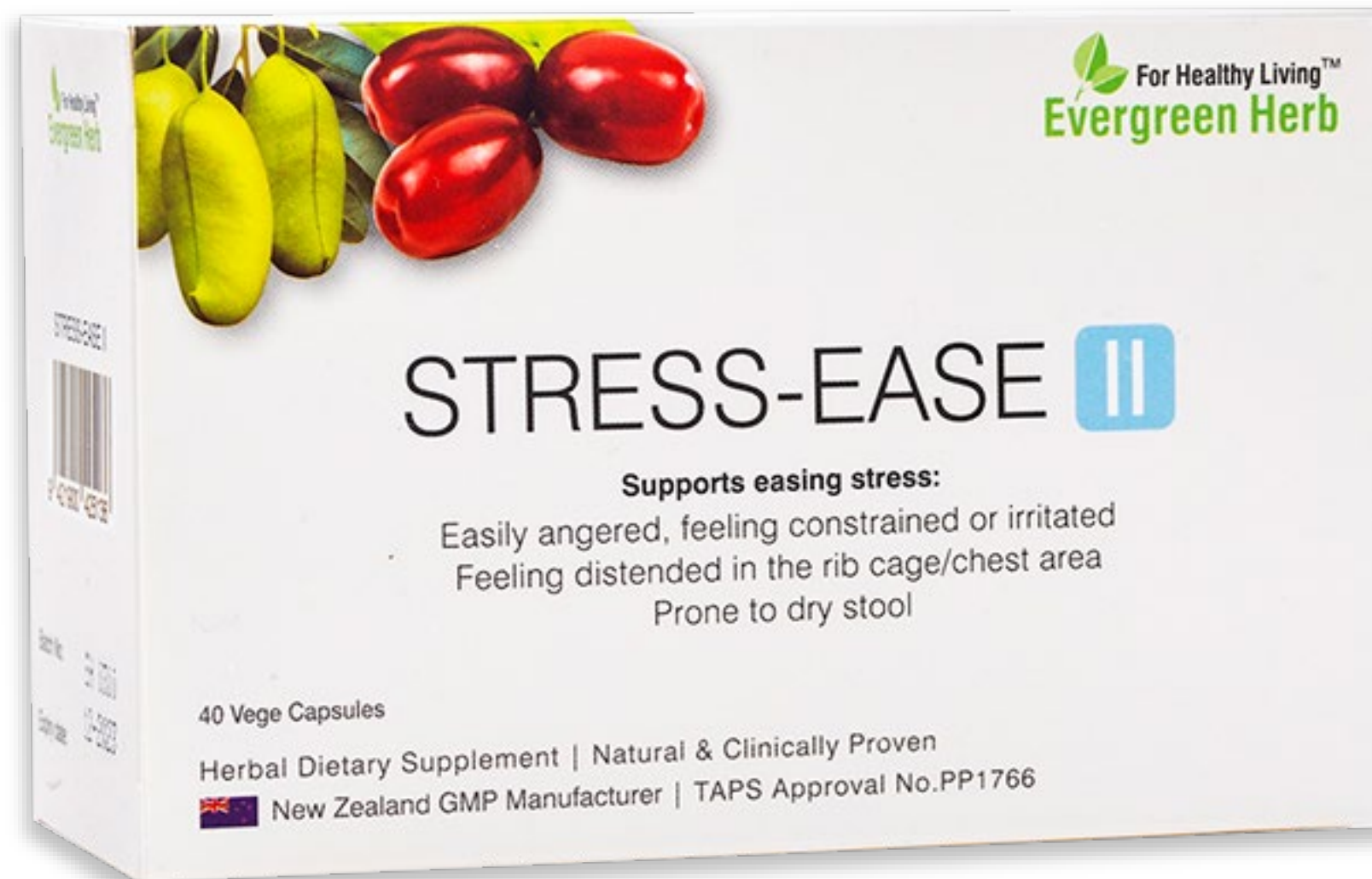




關鍵草本 — 非洲加納籽，香檳玫瑰。傳統上用來解郁減壓促進血液循環。現代科學研究顯示香檳玫瑰花和加納籽提取物具有補腦，增強記憶功能及放鬆，減緩抑郁和焦慮的作用 (1, 2)



關鍵草本 — 酒壺花，複合維生素B。傳統上用來清除血熱，養血和補腎。現代科學研究揭示這個草本能夠促進鎮靜放鬆，對血壓有雙向調節作用。它們也能調節不正常的腎上腺皮質素和甲狀腺荷爾蒙水平，並有抗衰老活性 (3, 4)



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