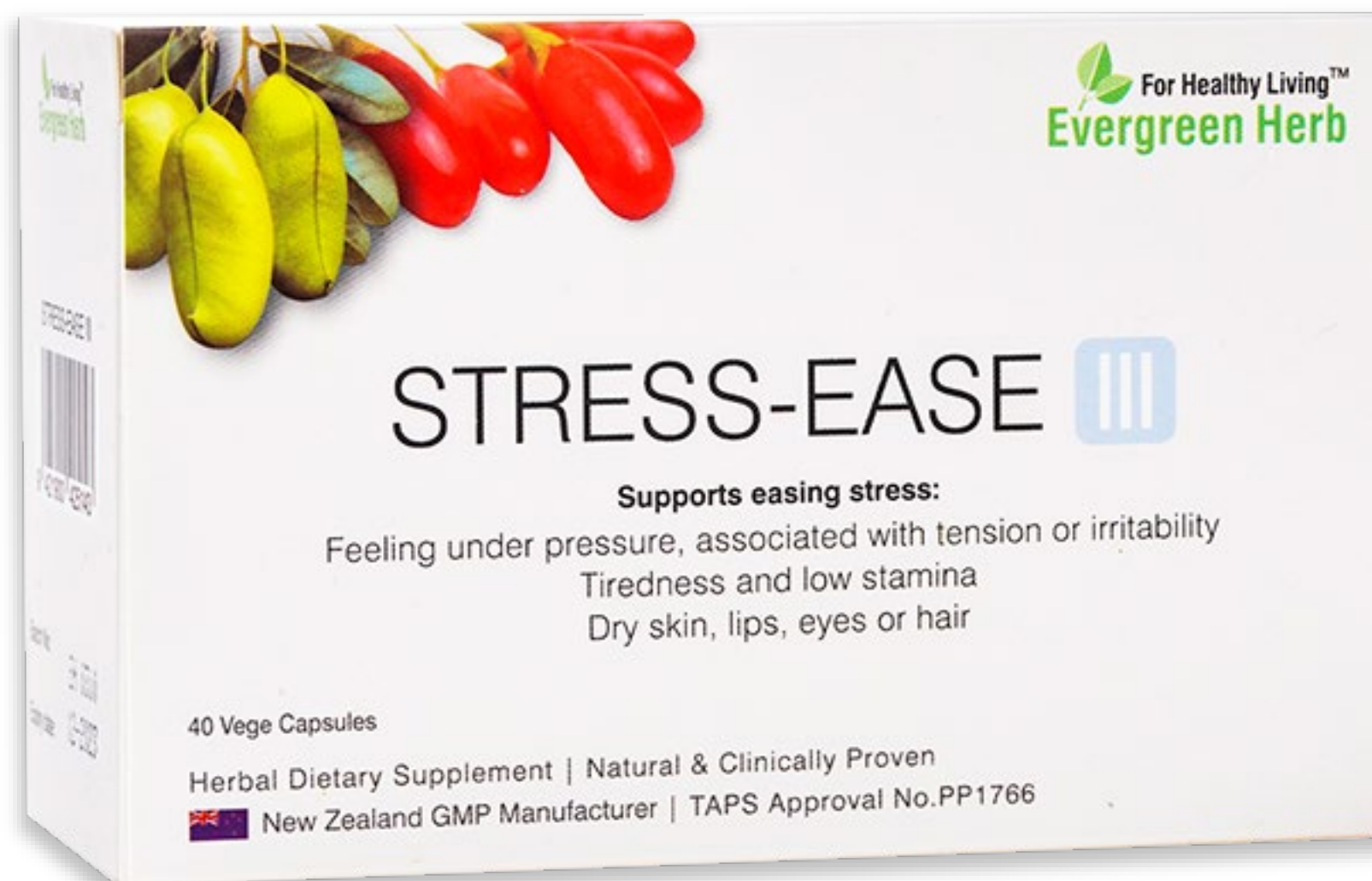




關鍵草本 — 非洲加納籽，香檳玫瑰。傳統上用來解郁減壓促進血液循環。現代科學研究顯示香檳玫瑰花和加納籽提取物具有補腦，增強記憶功能及放鬆，減緩抑郁和焦慮的作用 (1, 2)



關鍵草本 — 新西蘭海鹽，枸杞。傳統上用來滋養肝腎和養血。臨床雙盲實驗揭示出它們能增加能量、耐力和運動成績，降低運動后疲勞感。它們也展示了抗衰老，健腦活性以及作為強抗氧化劑，保護免受各種情況下的過氧化損害 (3)



科學研究來源：

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